



# Technical Guide

Open de Suède / Swedish Open  
Team Time Trial  
Vårgårda, Sweden  
July 30, 2010

# Table of Content

## Specific Regulations

1. Organisation .....	3
2. Type of event.....	3
3. Participation .....	3
4. Race Headquarters .....	4
5. Starting order .....	4
6. Feeding procedures .....	4
7. Classification .....	4
8. Prizes.....	5
9. Antidoping.....	5
10. Awards ceremony .....	5
11. Penalties .....	5

## General Information

21. Hospital .....	6
22. Accommodation.....	6

## Race Information

31. Course .....	6
32. Start .....	6
33. Radio Communication .....	6

## Race Organisation

Officials .....	7
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## Maps

Course.....	8
Profile.....	8
Start/Finish area Vårgårda .....	9
Cours, last 3 km .....	11
Profile, last 3 km .....	11

## Time schedule

Calculated passing times (first starting team) .....	12
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## Specific Regulations

### 1. **Organisation**

The Open de Suède/Swedish Open is organised by; Vårgårda Cykelklubb, Box 55, S-447 22 Vårgårda under regulations of the International Cycling Union (UCI) on Friday July 30<sup>th</sup> 2010.

### 2. **Type of event**

The event is open to athletes of the Women Elite categories. The event is entered on the UCI World Women Calendar.

The event is registered as UCI Road Women World Cup event. Points are awarded for the UCI Road Women World Cup ranking as follows:

Classification	Points per team	Points per rider
1 <sup>st</sup>	140	35
2 <sup>nd</sup>	120	30
3 <sup>rd</sup>	100	25
4 <sup>th</sup>	80	20
5 <sup>th</sup>	64	16
6 <sup>th</sup>	60	15
7 <sup>th</sup>	56	14
8 <sup>th</sup>	52	13
9 <sup>th</sup>	48	12
10 <sup>th</sup>	44	11
11 <sup>th</sup>	40	10
12 <sup>th</sup>	36	9
13 <sup>th</sup>	32	8
14 <sup>th</sup>	28	7
15 <sup>th</sup>	24	6
16 <sup>th</sup>	20	5
17 <sup>th</sup>	16	4
18 <sup>th</sup>	12	3
19 <sup>th</sup>	8	2
20 <sup>th</sup>	4	1

The number of points indicated for individual riders are awarded to the first four riders and any other rider finishing at same time as the fourth.

### 3. **Participation**

As per article 2.14.004 of the UCI regulations, the event is open for UCI Women Team and National Team.

As per article 2.14.005 of the UCI regulations, teams must be formed of minimum 4 and maximum 6 riders.

#### **4. Race Headquarters**

Race headquarters is located at the Start- and Finish Area in Vårgårda, and will be open as follows;

Thursday, July 29	16.00 - 19.00
Friday, July 30	15.00 - 21.00

Team representatives are requested to confirm their starters and collect their race numbers at the temporary race office, located in the entrance hall at First Grand Hotel, Alingsås:

Thursday, July 29	15.00 - 15.45
Friday, July 30	08.30 - 09.45

Prize money is to be picked up at the same venue:

Sunday, August 1	19.00 - 20.00
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The team managers' meeting, in the presence of the Members of the Commissaires Panel, will be held

Friday, July 30	10.00
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in the Conference Area (follow signs) at First Grand Hotel, Alingsås.

#### **5. Starting order**

The starting order of the teams will be the reverse order from UCI Road Women World Cup, standing after GP Ciudad de Valladolid, 2010-06-06.

Team(s) without placing in the standing of UCI Road Women World Cup, and teams not present at the Team Managers Meeting will start first, order by random.

Starting interval; 3 minutes between all teams.

#### **6. Feeding procedures**

Depending on the weather conditions, the exact procedure will be communicated at the team managers meeting.

#### **7. Classification**

The following classifications will be issued:

Team classification by time, taken on the fourth rider crossing finish line.

## **8. Prizes**

The following prizes will be awarded

<b>Ranking</b>	<b>Prize Money (Euro)</b>
1 <sup>st</sup>	1 543
2 <sup>nd</sup>	1 128
3 <sup>rd</sup>	820
4 <sup>th</sup>	615
5 <sup>th</sup>	512
6 <sup>th</sup>	512
<b>TOTAL</b>	<b>5 130</b>

Prize money will be paid out at the opening hours of the temporary headquarter at First Grand Hotel, Sunday, August 1 19.00 - 20.00

## **9. Antidoping**

The UCI antidoping regulations are entirely applicable to the event.  
The antidoping tests will take place at Vårgårda Health Centre, Centrumgatan 2, approximately 400 meters from Start- and Finish area.

## **10. Awards ceremony**

In accordance with article 2.14.008 of the UCI rules, the following riders must attend the official awards ceremony:

- The first 3 teams of the event.
  - The individual leader of the UCI Road Women World Cup after the event.
- The riders have to be present at the podium in a time limit of maximum 5 minutes after arrival of the last finishing team.

After the award ceremony are the winning team and the leader of the UCI Road Women World Cup after the event required to attend the press conference in the company of the organizer.

## **11. Penalties**

The UCI penalty scale is the only one applicable

## General information

### **21. Hospital**

For medical help we refer to;

Alingsås Hospital, Södra Ringgatan, phone +46 (0)322 22 60 00

Medical Center / Vårdcentralen Vårgårda, Centrumgatan 2, phone +46 (0)322 66 67 00.

Medical Center / Herrljunga Vårdcentral, Horsbyvägen 16, phone +46 (0) 513 177 20

or the SOS alarm, phone 112.

### **22. Accommodation**

For teams staying at First Grand Hotel Alingsås we refer to the reception or to the race office in Vårgårda. For questions call First Grand Hotel directly +46 (0) 322 67 01 00.

For teams staying at Hotell Gyllene Kärven, we refer to the reception or the race office in Vårgårda. For questions call Hotell Gyllene Kärven directly +46 (0) 513 222 40

## Race information

### **31. Course**

The course is described in the enclosed road maps, profiles and calculated passing times. Total distance 43 km.

### **32. Start**

First team start at 18.00. Riders shall be at the start area at least 15 minutes before the appointed starting time.

### **33. Radio Communication**

Split times will be communicated over Radio Tour. Frequency 146,4125 MHz.

To receive split times, all vehicles following the race must be equipped with working radiocommunication. Radios are distributed at the Service area one (1) hour before start time.

After the race, radios must be returned to Race Communication Centre, otherwise the team will be charged a cost of SEK 5000/ Euro 545.

The race will also be broadcasted over the local radio network, 98,6 MHz (in Swedish only)

## Race Organisation

### **Officials**

#### **Event Manager:**

Hans JÖNSSON, phone +46 (0)706 27 23 78

#### **Race Managers:**

Michael ANDERSON, phone +46 (0)705 71 22 17

Helen HENRIKSSON (ass.) phone +46 (0)702 68 53 41

#### **President of the Commissaries Panel:**

Frederik T.R. HAAN, UCI International Commissaire

#### **Commissaries:**

Kenneth SIMONSSON, UCI International Commissaire

Kristofer NENNESTAM , National Commissaire

Bo LÖVSTRAND, National Commissaire (moto)

#### **Finishing Judge:**

Thomas REHN, National Commissaire

#### **Radio Tour:**

Anders BJÖRKLUND, National Commissaire

#### **Time keeper:**

Ingmar JOHANSSON

#### **Anti Doping Control Officer:**

Marie PINTUELES, UCI

Åke HANSSON, Swedish Cycling Federation

#### **Anti Doping Doctor:**

Tuulikki JAHRE

#### **Race Doctor:**

Tore JOHANSSON

#### **Speaker:**

Roberto VACCHI, John LINDSKOG

#### **Data service:**

Kent ALFREDSSON

#### **Security Manager:**

Lars BARKESTEDT

#### **Press/Media and Sponsor Officers:**

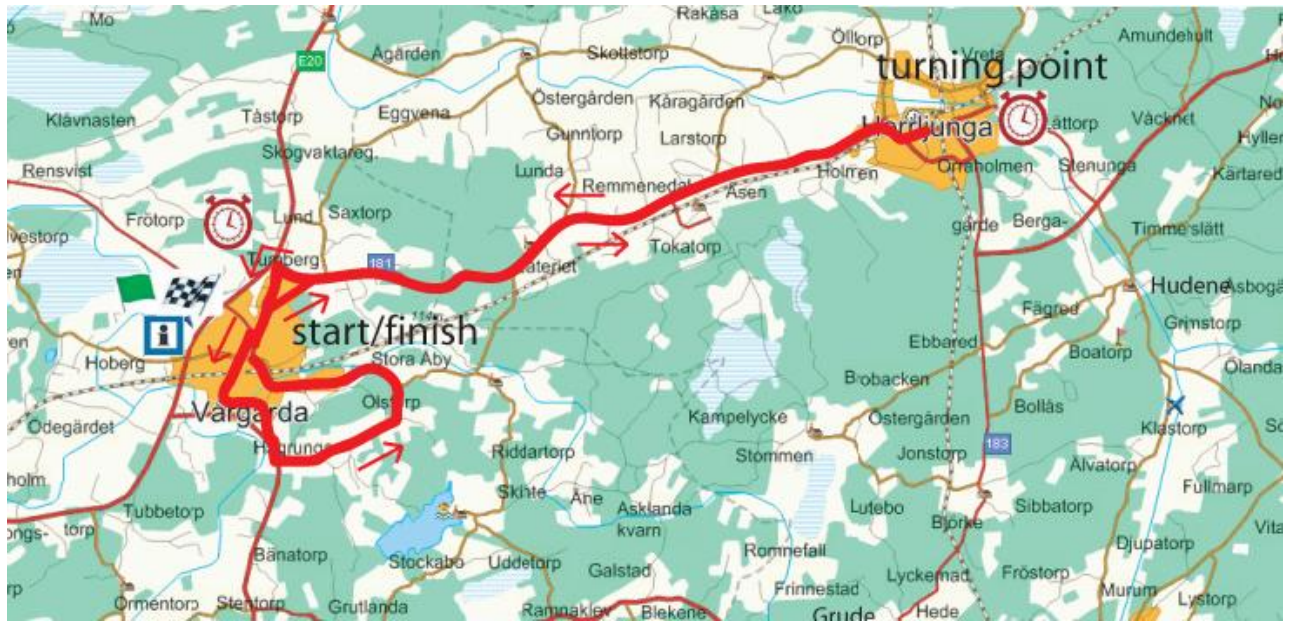
Claes Helmersson , Uno NYLÉN, Roberto VACCHI, Erik FÅGLUM

#### **Race Headquarters:**

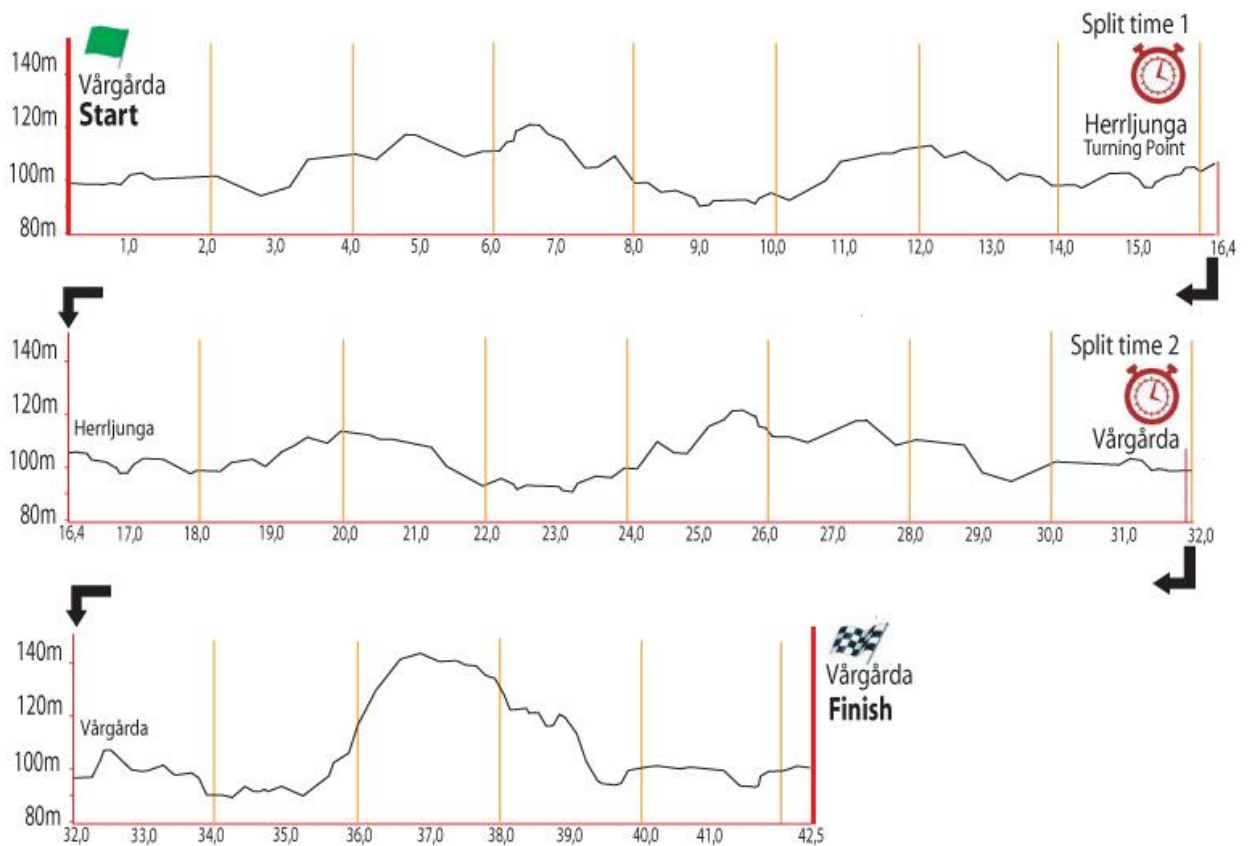
Leif GUNNARSSON, Eva-Lena LINDSTRÖM, Gerd BERGSTRÖM

# Maps

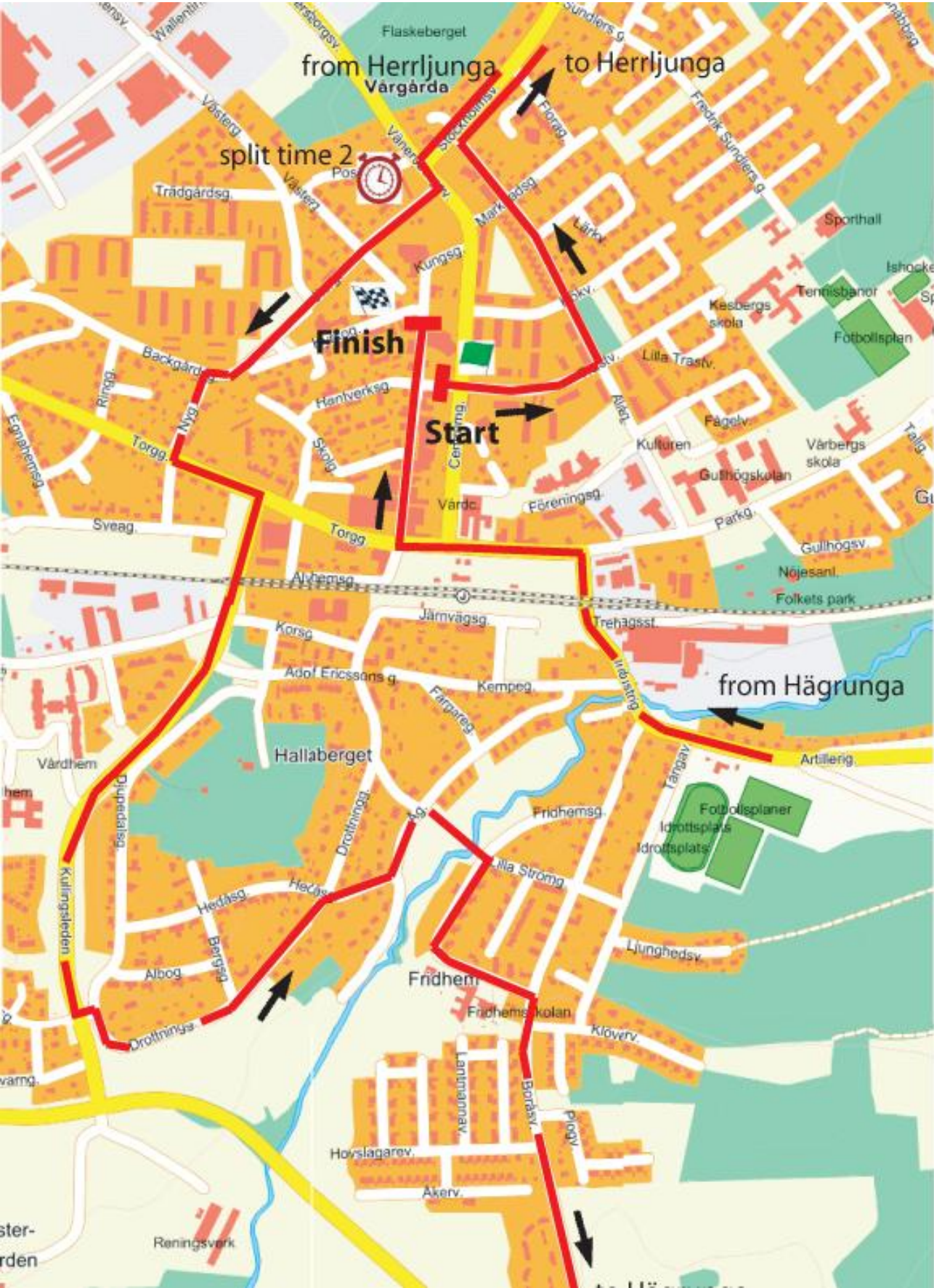
## Course



## Profile



**Start/Finish area Vårgårda**



**Start/Finish area Vårgårda**



### Course, last 3 km







### Profile, last 3 km



## Time schedule

### Calculated passing times (first starting team)

	Notification	Km	45km/h	48km/h	50km/h
	<b>Start Murartorget</b> ; left on Trastvägen, straight on crossing Centrumgatan	0,0	18:00	18:00	18:00
	Left on Allégatan	0,3	18:00	18:00	18:00
	Right on Stockholmsvägen	0,7	18:00	18:00	18:00
	Traffic islands, speedbumps. Riders on right hand side	1,1	18:01	18:01	18:01
	Right on road 181 towards HERRLJUNGA	2,1	18:02	18:02	18:02
	<b>HERRLJUNGA</b>	14,0	18:18	18:17	18:16
	Left towards CENTRUM on Storgatan. Traffic islands , riders on right hand side	15,3	18:20	18:19	18:18
	Right on Fabriksgatan	15,9	18:21	18:19	18:19
	Left on Trädgårdsgatan	16,0	18:21	18:20	18:19
	<b>ATTENTION</b> ; several turns ("turning point")	16,1	18:21	18:20	18:19
	<b>Split time 1</b>	16,4	18:21	18:20	18:19
	Traffic islands , riders on right hand side. Right on road 181 towards VÅRGÅRDA	16,8	18:22	18:21	18:20
	Left on Stockholmsvägen towards VÅRGÅRDA	30,0	18:40	18:37	18:36
	Traffic islands , riders on right hand side	30,8	18:41	18:38	18:36
	Left on Centrumgatan towards CENTRUM, immediately right on Storgatan	31,5	18:42	18:39	18:37
	<b>Split time 2</b>	31,9	18:42	18:39	18:38
	Left on Nygatan	32,0	18:42	18:40	18:38
	Left on Torggatan	32,2	18:42	18:40	18:38
	Right on Kullingsleden	32,4	18:43	18:40	18:38
	Left on Drottninggatan, then immediately right and left again	33,2	18:44	18:41	18:39
	Right on Vallgatan	33,8	18:45	18:42	18:40
	Traffic island, speedbump; Narrow; Turn right	34,1	18:45	18:42	18:40
	Narrow bridge, right on Fridhemsgatan	34,2	18:45	18:42	18:41
	Right on Boråsvägen	34,5	18:46	18:43	18:41
	Traffic islands	34,6	18:46	18:43	18:41
	Right on Boråsvägen	35,2	18:46	18:44	18:42
	Left on road 42 towards BORÅS	35,4	18:47	18:44	18:42
	Left towards LANDA (Hågrungabacken)	35,7	18:47	18:44	18:42
	Narrow passage, turn left	38,2	18:50	18:47	18:45
	Left towards VÅRGÅRDA	38,9	18:51	18:48	18:46
	<b>VÅRGÅRDA</b>	41,1	18:54	18:51	18:49
	Speedbumps	41,4	18:55	18:51	18:49
	Right on Industrigatan	41,6	18:55	18:52	18:49
	Left on Parkgatan	41,9	18:55	18:52	18:50
	Right on Kungsgatan	42,1	18:56	18:52	18:50
	<b>Finish line</b>	42,5	18:56	18:53	18:51